
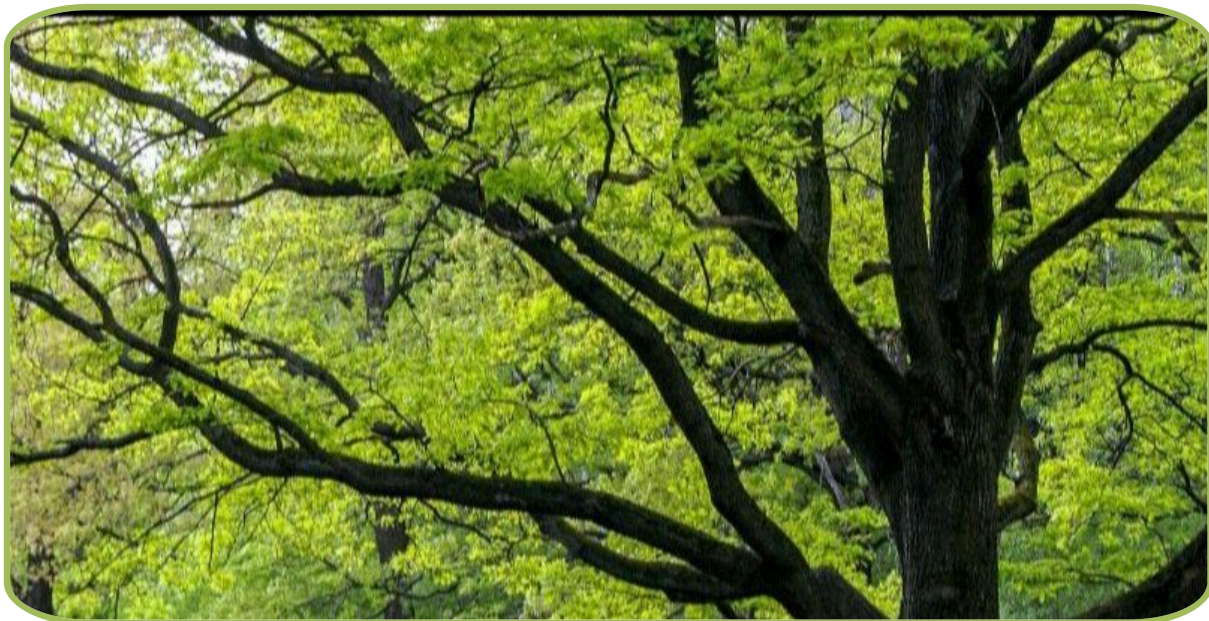


**From:** Arbor West arborwestneighbors@gmail.com   
**Subject:** Arbor West Neighbors Inaugural Newsletter- May 2022  
**Date:** May 1, 2022 at 1:58 PM  
**To:** bodsail@gmail.com



We support and enrich aging through community building and advocacy.



## ***Branching Out***

*Sharing Stories and Information through Outstretched Arms*

*May 2022*

### ***Welcome to Arbor West Neighbors Newsletter!***

Congratulations to **Gil Herman** for coming up with the winning name for our newsletter. *"Branching Out: Sharing Stories and Information through Outstretched Arms"* was chosen from among 25 terrific entries. Grateful thanks to members who participated in the newsletter naming contest. Gil will receive a \$25 Shop Oak Park gift

certificate.

*Branching Out* will appear bimonthly in your inbox.

Member submissions to [arborwestneighbors@gmail.com](mailto:arborwestneighbors@gmail.com) for the July edition are due by Friday, June 17, 2022. Please add NEWSLETTER in the subject line.

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## *Kudos*

Cheers to **Oak Park Commons** [www.oakparkcohousing.org](http://www.oakparkcohousing.org) for reaching an important milestone in their vision for Illinois' first multigenerational cohousing community: identifying a building site at Carpenter and Madison Streets in Oak Park and a target construction date of Fall 2024. It was Arbor West Neighbors' 2017 Forum on Creative Options for Housing which launched this endeavor.

The group's next monthly public meeting will be Thursday, May 19, 2022, on Zoom. For more information and the Zoom link, email Susan Stall [susanstall@gmail.com](mailto:susanstall@gmail.com).

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## *Arbor Adventurers*

Rain failed to dampen the spirits of seven Arbor West Neighbors Members who joined the new Forest Preserve Walking Group for its inaugural trek in Salt Creek Woods on April 22, 2022.



Pete Notier and Don Burk organized this Forest Preserve





Walking Group, which plans to meet monthly. The next hike is planned for 1 pm, Friday, May 27th, 2022, at the 26th Street Woods, West. Entrance is on 26th Street, east of S. 25th Ave. Interested in joining? Contact Pete Notier at [\*\*pjn1178@gmail.com\*\*](mailto:pjn1178@gmail.com)

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## *Arbor West Neighbors Advocacy Group Event*

### **Aging in Our Communities Forum: Housing Accessibility, Affordability & Possibilities**

Saturday, May 14, 2022  
9:00 am - 1:30 pm  
Concordia University Kretzmann Hall  
1st Floor, Room 225  
7400 Augusta St., River Forest

[\*\*See attached flyer for details.\*\*](#)

## *Arbor West Neighbor Events for Members and Guests*

### **Mix of Minds Discussion Group**

meets the second Monday of each month, 3:00 - 4:30 pm, to discuss thought-provoking articles chosen by group members on a rotating basis

basis.

Next Discussion  
*Globalization is Over. The Global Culture Wars Have Begun.*  
by David Brooks, *New York Times*, April 8, 2022  
Phil Mikesell will facilitate  
Monday, May 9, 2022  
3:30 - 4:00 pm  
Oak Park Main Library, Small Meeting Room  
or via Zoom

For further information, to join the group, or to receive the Zoom link, contact Alex Matthew, [msalexmatt@gmail.com](mailto:msalexmatt@gmail.com)

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## Arts & Crafts Days

Marion Sirefman, [www.SirefmanArt.com](http://www.SirefmanArt.com), will host four monthly sessions to help small groups of Arbor West Neighbors Members explore various media, using her large surplus of art supplies. Each session is limited to 4 participants.

### First session

Watercolors: Tuesday, May 10, 2022, 1:00 - 4:00 pm  
Contact Marion, [msirefman@hotmail.com](mailto:msirefman@hotmail.com) to reserve a spot.

Future sessions will explore decorative paper greeting cards and stained-glass mosaic sun-catchers. Dates and times to be determined.

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## Member Meetups

A great way to get to know your fellow members.



**May Meetup**





### **May Meetup**

Maple Park (weather permitting)

1105 S. Maple Ave, Oak Park

Tuesday, May 24, 2022

11:30 am - 1:00 pm

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### **June Meetup**

Hosted by Chris Hauri

751 Bonnie Brae, River Forest

Tuesday, June 21, 2022

4:30 -6:30 pm

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## **Movie Circle**

Ed White will lead a monthly movie discussion series. For now, members view movies independently before joining the discussion on Zoom.

First Movie:

### **Michael Moore's *Where to Invade Next***

available on Amazon Prime, Hulu, and through Kanopy or DVD via your local library.

Discussion:

7:00 pm, Friday, May 27, 2022

To join the discussion and receive the Zoom link,  
email Ed White, [ewhite@comcast.net](mailto:ewhite@comcast.net)

***Meet New Arbor West Neighbors Members***

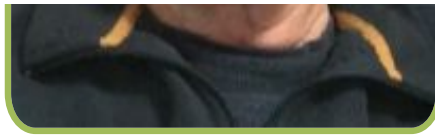




**Cecily Mango** served as a Foreign Service Officer and with the United States Agency for International Development in many locations including South Africa, Indonesia, and Jordan. She's traveled extensively throughout the world with her husband, who was also a Foreign Service Officer. She managed a wide range of development projects overseas in the areas of water infrastructure, the environment, HIV/AIDS and community training. A native of the Washington, DC area, she received her Bachelor of Arts from American University and a Masters in Science from the National Defense University. Cecily moved to Oak Park from Greenville S.C. last year after her husband's death to be closer to her son. Her many interests include walking, swimming, attending theater and choral music performances, visiting art museums and gardens, and spending time at her New Hampshire summer cottage with family and friends.

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**Phil Mikesell** tells us he's very much a Midwesterner, from high school in South Bend through a long-time teaching career at a college in central Indiana. "I've had contact with Chicago for a long time," he continues. "My late wife's family lived in Chicago. My daughter and her family have been in Oak Park for a number of years. My son and his family live in the New York City area, so I don't get to see them real often. I just moved to Oak Park in August, so (especially with Covid and winter) I'm still finding my way around a bit. That process is complicated by the fact that currently, I'm dividing my time between Oak Park and Northport, MI, above Traverse City, where I lived for about a decade and where my partner, Suzanne, has a house."

"I've mostly lived in small towns, so I really like the community feel of Oak Park and the chance to be involved and to walk to many of the places I need or want to be. I've been fortunate to have traveled a fair amount, especially in South America. I used to be an avid bicyclist, but not so much now. I love to read, mainly non-fiction and, increasingly, history. And I like good movies, even with subtitles. Along with reading and watching, I enjoy discussing the books and movies."

## *Help Wanted*

**Knitting Group Organizer.** New Member, Denise Poncher, would like to join other knitter/embroiderers/crafters to meet and work on their creations at monthly meetings. If you are interested in joining and/or organizing a monthly group, please contact Denise, [drponcher@gmail.com](mailto:drponcher@gmail.com).

**Meetup Hosts/Co-Hosts.** The Membership Working Group appreciates help in organizing the Arbor West Neighbors Members Monthly Meetups. If you could provide a location for members to gather, or if you would like to bring your favorite sweet or savory snack to share, please contact Val Lester, [vlester987@yahoo.com](mailto:vlester987@yahoo.com).

**Gil Herman** mentors a group of OPRF students who created Ripple, a business to help people create digital celebrations of life

[www.rippleservicesinc.weebly.com](http://www.rippleservicesinc.weebly.com)

If you are willing to take a 15-minute phone call to respond to focus-group like questions, you can be entered into a drawing to win a free Ripple service: a finished digital recording of up to 10 minutes.

Contact Gil for more information or to participate:

[Gil@ManagingHorizon.com](mailto:Gil@ManagingHorizon.com)

## *Don't Miss This*

### *Member recommendations*

**Henry Kranz** recommends a spring Open House by the **Oak Park Society of Model Engineers**, featuring a three-tier layout for operators of HO scale trains from Chicago to Iowa, including kiddie layout for kids of all ages to operate. Dole Learning Center, lower level, 255 Augusta in Oak Park. Saturday, May 7, 2022, 12:00 noon - 5:00 pm.

**Chris Hauri** gives two thumbs up to "*The King and I*" playing at Drury Lane Theater, Oak Brook, through May 22, 2022. "Beautiful music, great voices, just a delight".

Submit your recommendations for books, movies, performances, events, etc to [arborwestneighbors@gmail.com](mailto:arborwestneighbors@gmail.com). Please include NEWSLETTER in the subject line.



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**Join Arbor West Neighbors**

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